

WINTER GOLF SURVIVAL TIPS

Our Top 10 Tips to keep you on course through the winter

1

COLD AIR IS THICKER...

Your ball will not go as far in the cold. Try hitting 1-2 clubs more on every shot. Also consider playing one tee up from your normal length.



2

GET RID OF THE CART...

If you can, walking will warm up your body. You will also stay looser and your swing won't suffer that much.



3

KEEP YOUR BALLS WARM...

Cold golf balls don't fly as far as warm balls, so use two balls. Use each ball on alternate holes, keeping the other in your pocket to keep them warm.



4

GET YOURSELF SOME WARM GEAR...

Consider wearing a long sleeve thermal t-shirt, thermal underwear, a sweater and a light-weight windbreaker. Don't forget a good winter hat!



5

TIME FOR THE SOFT BALLS...

In cold weather you will want a ball that is easier to compress. A rock hard ball will feel like a steel ball on a cold day, so go for a softer option.



6

WINTER GLOVES...

Invest in some proper winter golf gloves. Keeping your hands warm, dry while keeping a good grip is crucial!



7

STAY HYDRATED...

Your body needs nutrients and hydration especially when it's cold. Hot drinks are ok but don't forget to drink water every hole to stay properly hydrated.



8

YELLOW BALLS...

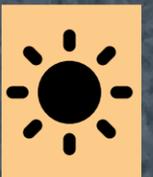
Yellow balls are easier to spot among leaves or frost because yellow is the most visible colour in the spectrum.



9

A PLACE IN THE SUN...

Track your ball from take off until just before it reaches the heart of the sun. Watch the spot where you think it will land; you'll soon see it come into view.



10

WINTER RULES...

Good to know! Issues like preferred lies, embedded balls, cleaning the ball and casual water are all encompassed within these rules.

